

AIKIDO SCHOOLS OF NEW JERSEY

presents:



ASNJ's ANNUAL SPRING SEMINAR



With special guest:

Laura Jacobs Pavlick
Shidoin 6th Dan
Chief Instructor of
Litchfield Hills Aikikai
& Director of Operations
for the USAF

assisted by:

Claire Keller 6th Dan Shidoin
& **Rick Stickles 7th Dan Shihan**

SATURDAY

9:30 Registration
10:00 - 12:00 Class
12:00 - 2:00 Lunch
2:00 - 4:00 Class
4:15
testing & potluck party

SUNDAY

9:30 Registration
10:00 - 12:00 Class
12:00 - 1:30 Lunch
1:30 - 3:00 Class

Fees & Notes

\$75.00 - Sat & Sun
\$50.00 - Sat or Sun
Testing fees additional

"I've known Laura since the days we trained together at the New York Aikikai in the 1980's. She has conducted seminars numerous times here at ASNJ. In addition to being a great teacher she is also the Director of Operations for the United States Aikido Federation and helps Yamada Sensei run the largest Aikido organization in the country. Be on hand for what promises to be a great seminar experience."

- Rick Stickles