

# *Heaven and Earth Aikido*

Welcomes

**Gordon Sakamoto**

6<sup>th</sup> Dan, Chief  
Instructor Northern  
Virginia Aikikai

And

**Douglas Firestone**

6<sup>th</sup> Dan, Shihan,  
Aikido of Westchester



## Grand Opening Seminar

**AUGUST 17**

**Cost: \$ 40**

*9:45-10:45. Ericksen Sensei*

*11:00-12:00. Sakamoto Sensei*

*12:15-1:45. Firestone Sensei*

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[www.heavenandearthaikido.com](http://www.heavenandearthaikido.com)