



With Eran Junryu Vardi Roshi

Junryu

Roshi Eran Junryu Vardi is a Zen master and an ordained Zen priest, a dharma successor of Roshi Paul Genki Kahn. Roshi Junryu's Zendo is in New Jersey, where he lives with his family. He is also a co-director of the Aikido-Zen training programme and a member of the board of directors at Zen Garland Order, where he himself studied.

Sesshin

Sesshin means in Japanese "to touch the essence"

"We are willingly stepping into a challenging period, equipped only with what we are, rather than what we bring in. It is a precious time to become deeply intimate with who YOU are.

Cherish this limited time and practice diligently."

Roshi Junryu

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