

# *Sugano Sensei Memorial Seminar*

*with Sensei Jaime Kahn*

*Saturday August 29, 2015*



*"Aikido is love... Aikido has this as its philosophy, its center. One must act on these ideas... If you train you give yourself. We must help others around."*

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## **Schedule:**

7AM-8AM- Ericksen & Kahn Sensei Aikido, Meditation, Prayer

7:58AM- Silence

8:15AM-9:45AM- Kahn Sensei Aikido.

10:00AM-11:30AM- Kahn Sensei Aikido.

## **Break for Lunch**

2PM-3:30PM - Weapons.

4:30PM- Dojo Pot Luck

On the 5th anniversary of the passing of Sensei Seiichi Sugano we pause to train and remember this great man. In his memory the donations from the seminar will go to help refugees fleeing war in Iraq.

**Suggested Donation of \$40**

For more information please go to:

<http://ow.ly/PrIsr>

