

ALBANY AIKIDO GRAND RE-OPENING MINI SEMINAR

WITH
BRIAN MIZERAK SENSEI, 6TH DAN &
MICHAEL HORNING SENSEI, 4TH DAN

SATURDAY OCTOBER 27, 2018

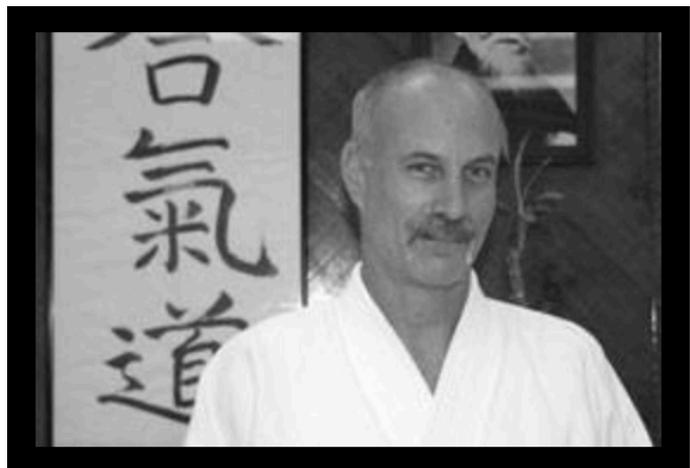
10:00 – 2:00

\$40.00

Brian Mizerak Sensei has been practicing Aikido since 1983 and has been an instructor since 1987.

Mizerak Sensei holds the rank of 6th degree black belt and is a Shido-in, USAF certified instructor. He trained originally with Irvin Faust Shihan of Albany Aikido who gave him a solid base of movement which has allowed him to blend what he has learned from various other instructors.

Mizerak Sensei has trained for more than 10 years under Harvey Konigsberg Shihan of Woodstock Aikido, who has been instrumental in taking his understanding of Aikido to the next level. He is the Chief Instructor at Kingston Aikido, an ongoing guest instructor at Albany Aikido, and teaches a yearly seminar at Adirondack Aikido.



Michael Hornung Sensei has been practicing Aikido since 1989.

Sensei Mike started his training in Albany NY under Irvin Faust Sensei. Faust Sensei has been practicing Aikido for over 30 years and currently holds the rank of 7th degree black belt, Shihan.

Sensei Mike holds the rank of 4th degree black belt, Fukushima-doin, and has taught Aikido at R.P.I. college in Troy, NY, Clarkson University, and SUNY Potsdam. After leaving Albany Aikido in 1998, Sensei Mike started Adirondack Aikido and has been teaching and training there for 20 years.

Sensei Mike also holds the rank of 3rd degree black belt in Combat Hopkido, Master Instructor.