

## SUNDAY MARCH 24TH 2019 13<sup>TH</sup> ANNIVERSARY SEMINAR WITH HAL

LEHRMAN SENSEI



Aikido of Raritan Valley – Ren Sei Kan dojo

USAF SANCTIONED SEMINAR

3 HOURS OF TRAINING, 11AM - 2PM

RSVP PMANOGUE@GMAIL. COM

CASH OR CHECK, NO CREDIT CARDS ONLY \$60

1600 SQ/FT OF MAT WITH SEPARATE LOCKER AND SHOWERS

## AIKIDO OF RARITAN VALLEY – REN SEI KAN DOJO

Pinnacle Health and Fitness 30 Brower Lane. Hillsborough, NJ 08844

www.aikidoofraritanvalley.com

