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630 SACKETT STREET
BROOKLYN, NY 11217
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Yagyu Shinkage Ryu

Introductory Seminar

Paul Manogue

18th Head Instructor of the Edo Lineage

Saturday

November 19th

1:30pm-4:30pm*

Fee: \$20

Yagyu Shinkage Ryu is not just a way of the sword. It is a Hei Ho, a strategic system. Training encompasses long sword, short sword, steel fan, and empty hand.

We will be training basic sword drawing and paired work to learn how this system uses the body and what physical and mental attributes it prizes. All levels are invited.

For Aikidoka we will explore how this study can be applied to Aikido practice

**Lehrman Shihan will teach his regularly scheduled Aikido class from 12:15 -1:15 All Aikidoka welcome*

