

KAREN DE PAOLA SHIHAN OF SKYLANDS AIKIKAI

**June 3, 2023
10 am - 4 pm**

Seminar Information:

Doors Open: 9 am

First class: 10-12

Second Class: 2-4

Potluck to follow.

Cash/Check Only \$65

De Paola Sensei started Aikido in 1977 in the NJ/NY area and was one of the original students and the first black belt, at Aikido Schools of New Jersey. In 2015 she received the rank of 6th dan, and in 2022 was promoted to Shihan. As dojo owner and Chief Instructor, she is dedicated to creating an environment where she and others can continue to teach and practice the arts of Aikido and Iaido.



COVID 19 Precautions:

This is a masked event.

Students are required to have the Covid-19 vaccination.

All affiliations are welcome.