We invite you to a seminar with

AIKIDO OF AMHERST

THOUGHTFUL VIGOROUS MARTIAL ARTS

Jonathan Reid

6th Dan, Shidoin, Aikido of Central New York

Saturday, May 13

Classes: 1:00-4:00pm

Followed by food and fellowship

Suggested Contribution:

\$60

Masks Optional



7 Pomery Lane Amherst, MA 413-345-6009 aikidoofamherst.com aikidoofamherst@gmail.com