

AIKIDO OF CENTRAL NEW YORK  
WELCOMES

*Yukiko Katagiri*

Shihan, 7th Dan  
Chief Instructor, Cornell Aikido Club



*Laura Parfick*

Shihan, 7th Dan  
Chief Instructor, Litchfield Hills Aikikai

**Saturday, April 20, 2024**

Seminar 1:00-4:30 pm

\$90, payable by cash, check, or Cash app

Dinner at local restaurant to follow

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